

Using Mise en Mémoire

Mise is a private journal for fine dining. Log every tasting menu course by course: the dish, the photo, your rating, the wine that was poured, who you were with and why you went. Turn an evening into a card for Instagram, or export it as a PDF memoir.

Button names appear exactly as they do in the app, like **Put to Memory**. Make sure you have the latest version from the App Store (1.0.3 or later).

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01 Sign in

1. Download “Mise en Mémoire” from the App Store.
2. Open the app and tap **Sign in with Apple** , or use **Sign in with email** .
3. Your empty journal appears with “**Log your first meal** ”. You're ready.

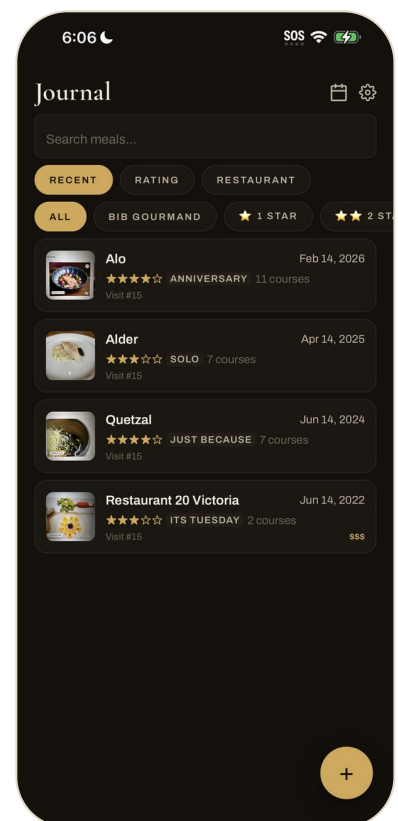
Everything you log is stored in your account. On a new phone, sign in the same way and it all comes back.

02 The Journal

The Journal is home: every meal you've logged lives here.

- **Calendar icon** (top right): your **Reservations** .
- **Gear icon**: **Settings** for your subscription, profile and sign-out.
- **Search meals...** finds a restaurant by name.
- Sort by **Recent** , **Rating** or **Restaurant** , and filter by Michelin distinction.
- Each card shows the restaurant, date, rating, occasion, number of courses and which visit it was (for example **Visit #2**).
- **The brass + button** (bottom right) starts a new meal.

Upcoming reservations appear as a strip at the top of the Journal.



The Journal

03 Log a meal

Tap the brass + in the Journal. There are two ways to begin:

A. Scan the menu (fastest) **RÉSERVE**

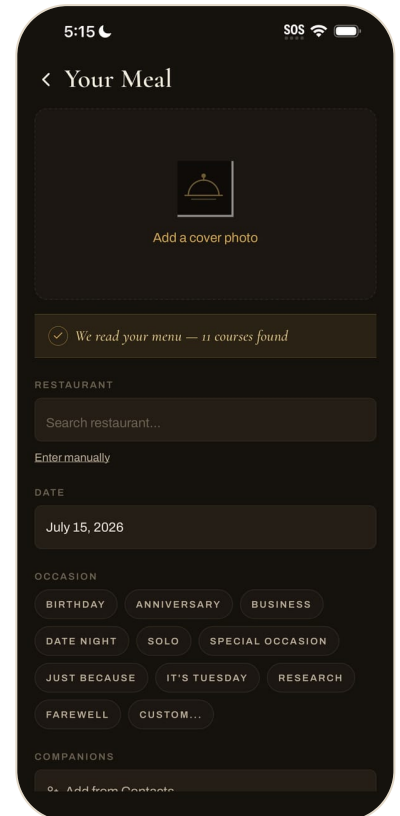
1. Choose **Scan Your Menu or Bill to Begin**.
2. Photograph the printed menu or the bill, or pick a photo from your library.
3. Wait a few seconds while it shows “**Reading your menu...**”.
4. **Your Meal** opens with “**We read your menu — 11 courses found**”: every course is already filled in.

B. Start by hand

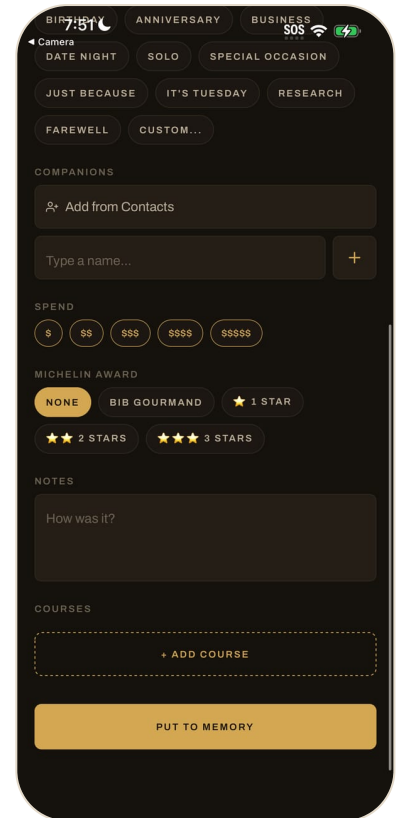
Choose **Begin Your Memoir** and fill it in yourself. Use this at an omakase counter with no printed menu.

Fill in Your Meal

1. **Add a cover photo** (optional).
2. **Restaurant**: type the name and pick it from the results, or tap **Enter manually**.
3. **Date**: today by default.
4. **Occasion**: Birthday, Anniversary, Date Night, Business... or **Custom...**
5. **Companions**: **Add from Contacts** or type a name.
6. **Spend**: \$ to \$\$\$\$\$.
7. Your overall rating (1–5 stars) and the **Michelin Award**.
8. **Notes**: how was it?
9. **Courses**: check each name, and tap **+ Add Course** to add one.
10. Tap **Put to Memory** to save.



After a scan, the courses are filled in



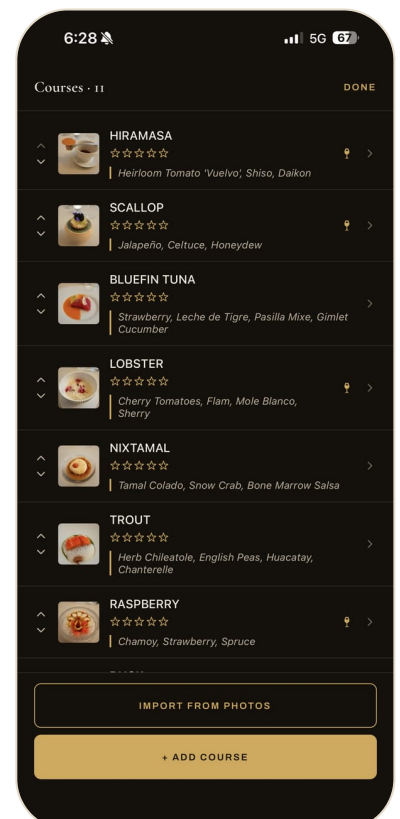
Finish with Put to Memory

04 Photos and ratings for each course

After saving, you're on the meal's page. Tap “**Courses · 11**” to open the course list.

Add a photo and rating

1. Tap a course in the list.
 2. Tap **Tap to add a photo**, take a photo or choose one, then crop.
 3. Tap 1 to 5 stars.
 4. Your favourite? Tap **Crown this course** to make it the best course of the meal.
 5. Tap **Pick a tag** for dish and ingredient tags (otero, uni, hotate...). Pick several; tap again to remove.
 6. Save, and move on to the next course.
- The ↑ ↓ arrows reorder courses.
 - A wine-glass icon means the course has a pairing.
 - **+ Add Course** adds a course.



The course list

Import all your dish photos at once **RÉSERVE**

In the course list, tap **Import from Photos** and select every dish photo from the evening (up to 20). Mise matches each photo to its course; tap a photo, then a course, to change a match, and save them all at once.

Backup: every photo you take in the app is also saved to your camera roll.

05 Wine pairings **RÉSERVE**

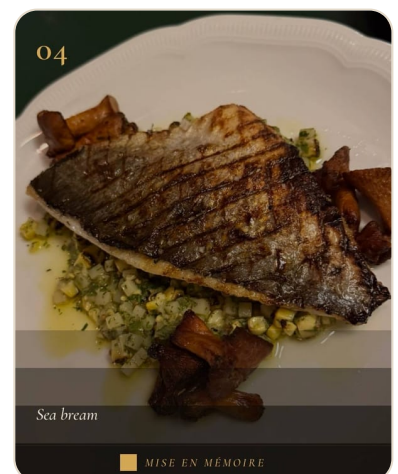
1. On a course's page, open **Pairings**.
2. Add one quickly: a name and a type (red, white, Champagne, sake, cocktail, non-alcoholic...).
3. Or tap **Scan Label** and photograph the bottle: the wine, producer, vintage and region are filled in.

Courses with a pairing show a wine-glass icon in the course list.

06 Share to Instagram

1. On the meal's page, tap **Post to Stories**.
2. In **Share Memory**, choose a style:
 - **Story Card**: one hero photo, made for Stories.
 - **Course Carousel**: one card per course, made for a carousel post.
 - **Polaroid Collage**: scattered photos on a cover card.
3. Tap **Preview**. The photos download first, so give it a few seconds.
4. Tap **Save to Photos**, or **Share** to send it straight away.

Posting a carousel: tap **Save all to Photos**, then select them all when you create the post in Instagram.



One card from a Course
Carousel

07 The PDF memoir RÉSERVE

Lay out a whole evening (every course, photo, rating and pairing) as a beautifully set PDF to keep or to give to whoever was at the table.

1. On the meal's page, tap Save Memoir.
2. Under Privacy, choose whether to Include total spend, Include companions and Include personal notes.
3. Tap Generate PDF and wait for "Composing your memoir...".
4. Open it, save it to Files, or share it.

08 Reservations and reminders

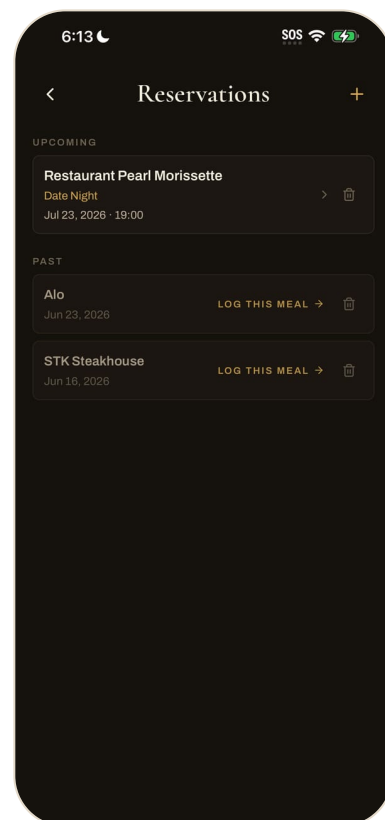
Add a reservation ahead of time and there's almost nothing to type on the night. Reservations are free for everyone.

Add a reservation

1. In the Journal, tap the calendar icon to open Reservations.
2. Tap + (top right), find the restaurant, and set the date and time. Add an occasion, guests and notes if you like.
3. Tap Save Reservation. The first time, allow notifications when asked.

On the night

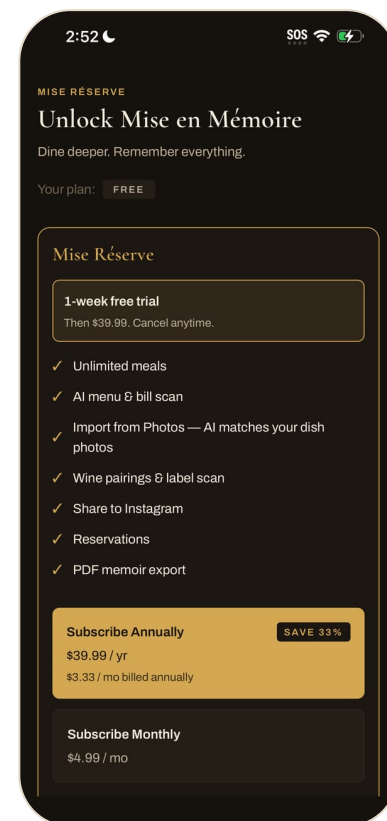
- A reminder arrives an hour before.
- **Tap the reminder:** Your Meal opens with the restaurant, date, occasion and guests already filled in.
- You can also tap Log this meal in the list, on tonight's booking or any past one.
- Once the meal is logged, the reservation leaves the list.



Reservations

09 Free and Mise Réserve

Feature	Free	Mise Réserve
Meals	3 a month	Unlimited
Courses, photos and ratings	✓	✓
Reservations and reminders	✓	✓
AI menu and bill scan	—	✓
Import from Photos	—	✓
Wine pairings and label scan	—	✓
Share cards for Instagram	—	✓
PDF memoir	—	✓



Mise Réserve

Mise Réserve is billed monthly or yearly; prices are shown in the App Store in your currency. A 7-day free trial may be available. Cancel anytime.

- Manage it in [Settings](#) → [Manage Subscription](#) .
- New phone or reinstall: [Settings](#) → [Restore Purchases](#) .

10 Questions

My share card has a black photo.

Update the app from the App Store, then close it completely and reopen it twice so it picks up the latest fixes. Make the card again, and give the photos a few seconds to load in Preview.

Does the app update itself?

Small fixes download in the background and apply the next time you fully close and reopen the app. Bigger updates come through the App Store.

Where are my photos kept?

In your account in the cloud, with a copy saved to your camera roll as a backup.

Can anyone else see my journal?

No. Mise is private. Only cards and PDFs you choose to share are seen by anyone else.

There's no printed menu (omakase).

Use + → [Begin Your Memoir](#) and name each course quickly with [Pick a tag](#) (otoro, uni, hotate...).

How do I delete my account?

[Settings](#) → [Delete Account](#). Your account, meals and photos are permanently deleted.

Something else?

Write to info+app@compuray.ca.
